



WORSHIP
THE HUMANITY

AARATHY CHARITABLE TRUST * 80G

Annual Report 2016-17

ஆரதி அறக்கட்டளை - ஆண்டறிக்கை 2016-17

சாரதியின்

இதயவாசல் முதியோர் இல்லம்

பள்ளிக்கரணை, சென்னை 600100



Sarathy's Idhaya Vaasal Elders Home

Pallikaranai, Chennai 600100





Aarathy Charitable Trust

Sarathy's Idhaya Vaasal Elders' Home

Board of Trustees

President:
R. Pushpavalli

Secretary:
Dr.C.R. Suriyakumar, Ph.D., D.Ag.

Full-time Volunteers

K.T. Bindu Santosh

Pintu Mandal

C. Venkatesh

Staff

Manikandan, Physiotherapist

Jayasudha, Cooking Incharge

Maha, Caregiver & Maintenance

Shanthi, Maintenance

Reg.Office:

Aarathy Charitable Trust,
No.4, Varadharajan Nagar 1st Street,
VGP Shanthi Nagar 1st Main Road,
Pallikaranai, Chennai 600100, TN, India

Charity Centre:
Idhaya Vaasal Elders' Home,
No.3, Varadharajan Nagar I Street,
VGP Santhi Nagar Main Road,
Via: IOB-Narayanapuram,
Pallikaranai, Chennai 600100, TN, India

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Mission Statement

Aarathy Charitable Trust was founded by Shri. Parthasarathy (Late) and Dr. C.R. Suriyakumar, Ph.D., D.Ag., on 2-Jan, 2008 (Reg: 12/2008), with the vision of services to the weaker sections. Sarathy's ambition, pure service thoughts especially the charm he made us felt by helping needy people, drive us towards his way of services and we continue from where he left behind. The Idhaya Vaasal Elders' Home is run in memory of our Service Sarathy, presently at Pallikaranai, Chennai.

Trustees

Mrs.R. Pushpavalli

President of the Trust, was another mother to the Founder Parthasarathy. Her involvement and dedication to charitable services are inborn and she is really leading the Home as her own big family.

During financial crisis, she has supported from her family pension amount and helped in smooth running of the charitable activities many times. She is very kind and spiritual in nature. As she involved in divine services for years together in Salem, she deems the services to the elders also as sacred service.

Dr.C.R.Suriyakumar, Ph.D., D.Ag.

Secretary of the Trust, also a thick friend of Sarathy and supported all his service activities hand in hand. Besides being the Managing Director of a Private Ltd. Company, he is taking care of the Trust administration and the Elders' Home very sincerely and loyally in memory of our beloved Sarathy. He offered free food to all the elders in the Home from his "Rusi Mess" for 2 years and donated rent for the Home in the beginning.

Dr.Surya has sponsored essential infrastructures like steel cots, kitchen utensils and other medical equipment. He undertakes medical health care for all the elders including physiotherapy for the past 9 years from the inception of the Home and made most of them walk and do daily chores on their own. Further, he has donated a land to the extent of 2,184 s.ft., now costing Rs. 17 lakh at Padappai near Tambaram in Chennai for building an own Home for the Trust. Including the present building rental advance of Rs.2.50 lakh, he has so far spent more than Rs.35 lakh for the Trust and its Home. Still he is offering about Rs.35,000/- per month for the benefit of the destitute elders. All these helps are rendered, even though it is difficult, due to dearth of fund in running the Home.

Prime Activities

- Humanity Services to Destitute Elders
- Supports to Destitute and Health Camps
- Networking with NGOs and Social Workers
- Environment Programmes and Disaster Management

From President's Desk

Mrs. Pushpavalli Rajaram

The greatest gift that we can give to the poorest of poor and the destitute is to aid them to get sufficient food and to build up a shelter for their comfortable life.

First few decades of 20th Century of British India famines and diseases killed millions each time. After India gained its independence in 1947, mass deaths from famines were prevented. And rapid economic growth since 1991, has led to sharp reductions in extreme poverty in India. But we still struggle to bridge the gap between upper class and the peoples below poverty line.



Our Indian tradition is rich in humanity and always emphasizes charity services in our life. Across the country still we can see bunches of pilgrims' house and choultry, shelter homes, orphanages and other types of philanthropic facilities. These assisted the travelers, disabled, destitute and poor peoples. This denotes that, food, shelter and clothes were generously shared by the people with downtrodden.

Developing country like our India is unable to reach and rescue every helpless people and uplift their lives to a minimum standard. Hence thousands of charity homes in countries dedicatedly serving people for their safe survivals.

Having personnel experiences of conducting public festivals, religious ceremonies for decades together in my Salem centric family life. For more than a decade extensive charity supports provided to many orphanages in Chennai along with Sarathy (a) Parthasarathy, the funder trustee of our Aarathy Charitable Trust.

Our Idhaya Vaasal Elders' Home, presently run at Pallikaranai was a dream child of Sarathy who was a born social worker. Started in the year 2008 with mere 4 elderly residents now in 2017 the Home is accomodating 40 elders. We are admitting the elders of disabled, destitute and poorest of poor categories, mostly. Some of the brain stroke and other kind of patients and those isolated from family were also admitted at actual cost - collected for the charity services. Nearly 86 stroke patients were reunited with their families after giving proper medications and physiotherapy treatments and regained their normal activities.

The Home is run in a rented building at huge cost per month. Expenses like salaries consumbles, maintenances, pharma and provisions items altogether costs nearly 3 lakhs a month. The financial struggles, inadequate living space for growing number of inmates, expensive maintenance materials all give sometime pressure to the mind. But we have lovely peoples around to support the mission by extending volunteering services and sponsor of provisions like materials. We are, of course, still a long way from achieving the outcomes we seek.

I heartily commend the staff and voluteers who have helped bring this level of mission success, and humbly thank all the members, contributors, donors and patrons for their support in helping this noble mission to run smoothly.

R. Pushpavalli

About Us

Background of Trust and Home

Service Sarathy (a) Parthasarathy



Born on 15th April, 1984, in Velachery Chennai, Service Sarathy was an astonishing person and a true social worker.

He became a regular visitor and volunteering service provider to many service shelter homes around his living region.

He was actively participated in Exnora as a President of Saidapet zone in Chennai. He also played the remarkable roles like 'Friends of Police' and as 'Home Guard' and did night rounds with police patrol for some time.

Sarathy started his volunteering services at the age of 13 which was actually inspired from a school trip to 'Sivananda Ashram' at Kattankulathur near Chennai. After knowing that the elders and children residing there were eagerly awaiting love and affection, he desired to serve those people. Thereafter, the week-ends of Sarathy were not like the other children.

Sarathy was always very active and he used to sell soap, phenol, etc., in Velachery, Taramani and Guindy areas of Chennai. As he was a school student, many people purchased things to support him.

Most of the money he earned thereby was spent for the poor children at the orphanages for their notebooks, pencils and new clothes for festivals. Even in his family, he was the pivot of most of the external activities in other words, his energy never drained out to serve others that too with lots of cheer and dedication.

Sarathy was always a cheerful personality and he easily mingled with all and attracted a number of friends towards his service mission.

He played a role model to those likeminded youngsters who later became active volunteers to serve the society.



We think sometimes that poverty is only being hungry, naked and homeless. The poverty of being unwanted, unloved and uncared for is the greatest poverty. We must start in our own homes to remedy this kind of poverty.

- Mother Teresa

Start Of Elders' Home

Sarathy visited more than 50 Elders' Home in and around Chennai from his school days onwards. The type of shelter homes he visited includes special children homes, cancer care centers, mentally retarded homes, home for AIDS patients, leprosy care centers, elders' homes and children homes.

He used to spend his time with each and every inmate of the Homes he visited and take care of cleaning, feeding, making their time lighter by chatting and comforting with cheerful words. Because of his ardent desire which was inspired through these services, he had been thinking for a long while to give a kick start for the an Elders' Home.



Sarathy struggled very much to start this Home in February 2008. First of all, his family did not support his idea pointing out that he was newly employed in BPO sector where he could hardly have time to do such services. Secondly, no one of the house owners came forward to give their space for Elders' Home. Finally, he got a place in Pallavaram area but, somehow he could not start it there also.

With the support of his many friends, he started this mission at MGR Nagar in Velachery in the beginning of the year 2009.

During the first few months, he faced so many problems to manage the Care Takers, procuring provisions and other expenses like rent, food etc. and also, sharing his time with the elders even though there were 4 inmates and 1 care giver only at that time.



However, within a few months, he needed more space but many people hesitated for renting out their space for Elders' Home. At this time, Surya completed his Ph.D. study and joined hands with Sarathy and the service mission was then housed in a rented building.

Even after shifting the Home for a higher rental value at Velachery Check-post in 2009, it was not possible to obtain the co-operation of the neighbours. So, it was extremely difficult to stay there for more than 6 months and hence, searching for another place continued again. Somehow, a new place was found in the same Velachery area.

On 17, January 2010, the Home was shifted to another building in Velachery hired by Dr.Suriyakumar and partners for running their business, Rusi Mess. The Home with the same amount of rent had double the space and could accommodate 15 elders.



The good aeration, light and comfortable environment there were enjoyed by the elders. The building owner was very kind and genuine. The premises of the Home were also maintained very well hygienically.

We took care of the building maintenance considering this place as our own. All the elders in the Home were provided with 3 time food by Surya and Team from their Rusi Mess until their business was closed in November 2010. Later, on the demand of the House owner, it became compulsory to vacate the Velachery Home and search for a different place which was again a difficult task.



Unexpectedly, Sarathy was died on 11-Dec-2010 at the age of 26. He will, forever, be greatly missed by his dear and nears which could not be compensated by any source. This made a big pressure on running the Home and continuing services. Mrs. Pushpavalli spent money for all the requirements for at least 6 months at that time to run the Home and to take care the elders smoothly.

Later, a better place was found at Pallikaranai, at the outskirts of Chennai. This building was started with 4 rooms in May 2012 and at present, the number of members of the Home raised to the extent of accommodating 20 rooms. At present, the helpless bedridden patients, paralytic and orthopedic patients without home-care and psychologically affected elders are well taken care of in the Home.



The active elderly persons are taken to temple /church visits periodically. To live like a typical family life elders were also allowed to participate with volunteers' support in marriage and birthday events of home well-wishers. Our Home located is a closed street, so elders are encouraged to walk in the early morning and visit a public park located within 200 meters.

The funeral ceremony of the destitute elders is being attended to by Dr. Suriyakumar with supporting volunteers, as if their own son. The elders' deaths are legally registered and the records are maintained as per the government officials' guidance.

ANNUAL DAY OF THE TRUST

The Annual Day of the Trust was celebrated on 14, February by organising a Free Medical Camp covering General, Dental and Eye check-up including blood donation. All programmes were conducted with the support of volunteers from eNoah and well-wishers of this Elders' Home; nearly 500 beneficiaries participated.



The Rusi Mess run by Dr. Surya and Partners bear most of the expenses and Mr. Thiruvencatam, Nehru Nagar arranged for samiyana and chairs. The function came to an end successfully.

Likewise, the free medical camp is being conducted every year in the month of February in a grand manner with the support of volunteers.



AARATHY ALS AMBULANCE FOR SOCIAL SERVICE

Ambulance was a surprise sponsor from Er.Mrs.Bhanumathi, Saidapet who has donated this on her mothers memorial day on 07-01-2017. It is much useful in our healthcare services in Home and outside.

Buddha taught kindness towards lower beings; and since then there has not been a sect in India that has not taught charity to all beings, even to animals. This kindness, this mercy, this charity -- greater than any doctrine -- are what Buddhism left to us."

- Vivekananda

AWARDS

The best humanity service of the Home was recognised by various organisations and they awarded the following titles:

2012 - Best Elders Home Award by Forum of Auditors, Mansion House, Egmore.

2013 - Best Humanity Service 'Lok Ratna' Award by National Integrity and Cultural Academy.

2013 - Award of Honor for Best Services by Ignite Foundation.

2014 - Best Humanity Service in Chennai Zone - Rajakalaingan Award & Gold Medal by Tamizhaga Panpattu Kazhagam, Trichy.

2016 - 'Seva Rathna' Award by Ajanta Fine Arts, Chennai.

2016 - 'Dr. APJ Abdul Kalam Award' by Cine Art Academy and Ajanta Fine Arts.

2016 - 'Sathanai Penmani - Social Service' Award to President, Mrs.Pushpavalli.

FESTIVALS

It is our duty and responsibility to safe-guard the interests of Indian cultures. Hence, irrespective of religions, the festivals of our country such as New Year, Pongal, Deepavali, Navarathri, Christmas and Ramjan are celebrated by us.



Consequently, all the residents of the Home including the destitute elders feel happy on these occasions without considering their loneliness. Home's well-wishers and volunteers do

participate in all the occasions with elders.

Development of Other Service Mission

Health Camps for down-droddens, Hospital tie-ups for supporting helpless peoples, Networking with NGOs for supporting and getting supports from them for social causes. Disaster Management, extending support viz, financialy and medically to poor students, daily-wage labours are being done by our Trust.

Financial Report

Last 3 Years Receipts and Payments

PARTICULARS	2014-15	2015-16	2016-17
RECEIPTS			
Cash in Hand (Starting Balance)	4,292	500	3,765
Cash at Bank (Starting Balance)	5,692	3,178	2,305
Donation Received	20,42,264	28,24,202	45,32,847
Founders Contribution	1,06,509	4,55,000	3,16,365
Total	21,58,757	32,82,881	48,55,280
PAYMENTS			
Administration Expenses	5,537	-	6,600
Advertisement Expenses	15,635	2,700	39,691
Communication Expenses	4,330	12,322	53,800
Electricity Expenses	52,023	89,024	96,361
Hospital & Medical Expenses	1,25,768	3,45,675	3,78,815
Hospitality Expenses	1,66,903	1,66,483	2,44,730
Other Expenses	18,219	25,915	92,628
Pooja Expenses	1,16,519	77,592	73,982
Printing & Stationary Expenses	10,017	15,941	6,575
Provisions & Veg. Expenses	4,25,201	3,58,433	6,50,264
Rent and Maintenance Expenses	9,18,629	14,13,828	9,48,620
Salary Expenses	2,05,800	5,58,301	4,74,894
Travel and Vehicle Expenses	86,904	87,933	1,18,445
Bank Charges	112	174	1,635
To Fixed Assets:			
Water Heater	3,482	-	-
Washing Machine (LG 9.5kg)	-	27,490	-
Power Generator (Honda 3KV)	-	95,000	-
Ambulance Van (Force-EMRI)	-	-	8,30,000
Ambulance Interior/Equipment	-	-	7,79,204
Oxygen Cylinders (2)	-	-	38,850
Physiotherapy Equipment	-	-	11,550
By Closing Balance:			
Cash in Hand	500	3,765	3,986
Cash at Bank	3,178	2,305	4,650
Total	21,58,757	32,82,881	48,55,280

Volunteers

Karthikeyan, **Ambatur**
 Shankar, **Agarm Then**
 Karthik, **Agarm Then**
 Saravanan, **Pallikaranai**
 Thangaraj, **Velachery**
 Imman, **Thiruporur**
 Aswini & Aleem, **Alandur**
 PAYANAM Volunteers
 OUR HOME Friends
 NAVAYUGAM Volunteers
 IYHO Volunteers
 DEEPAM TRUST Volunteers
 IGNITE Volunteers
 SAS Volunteers
 DHANA TRUST Volunteers
 FRIENDS FOUNDATION -
 Volunteers
 Deena, **Tiruvottiyur**
 Dheenadayalan, **Velachery**
 Mani, **Velachery**
 Vijay, **Velachery**
 Sai Prakash, **Rajakalpakkam**
 Babu, **Tagore Hospital**
 Muthukrishnan, **HelpAge India**
 Karthik, **Medavakkam**
 Prakash, **West Mambalam**
 Vivek, **Choolaimedu**
 Vijay, SRM University
 Sanjoy, **Jerusalem**
 Ummasree, **Velachery**
 Umamaheswaran, **Orapakkam**
 Arun, **Bangalore**
 Anbuselvan, **Malaysia**
 Saravanan, **Dhubai**



ABDUL KALAM MEMORIAL - BEST SERVICE AWARD 2016



BEST WOMAN SOCIAL WORKER AWARD 2016

Our Idhaya Vaasal Elders' Home is presently run by Dr.Suriyakumar on behalf of and in memory of our beloved Sarathy. Sarathy had inspired and nurtured many volunteers who are all still supporting the noble humanity services initiated by him.

It is requested that all the well-wishers may extend their full support to strengthen the hands of Dr.Suriyakumar to continue the mission started by a good heart.

Thank you 😊

Mrs. Pushpavalli, President's Birthday

On 30-12-2016 Celebrated 69th Birthday of Mrs. Pushpavalli Amma. Conducted special prayer and offered feast to all the elders, who were blessed Amma for healthy and happy life. Senior residents were appreciated here selfless services to all the destitute and poorest of poor beings.

In the photo Dr.C.R.Suriyakumar, Secretary and her son is accompanying.



New year Started happily with Sada Aunther Suchi Service Volunteers

2017 year happily began to all the elders of the Home and volunteers with special prayer. The unique service people were blessed for a prosperous and successful life. Grand feast was offered and joined lunch with residents by SAS volunteers.



Pongal Festival 2017

Sooriya Pongal was celebrated by elders and all the arrangement were done by the volunteers and caregivers of the Home. Elders



AARATHY ALS AMBULANCE



**Mrs.Muthulakshmi &
Er.Mrs. Banumathi**



Er.Mrs. R. Bhanumathi, Saidapet, Chennai, donated ALS Ambulance for Aarathy Trust's charity services on 07-01-2017. Bhanumathi Amma has been supporting the Trust and its humanity service 'Idhaya Vaasal Elders' Home, Pallikaranai for last three years.

The home is giving bed care facility to the old age people and the importance of an ambulance for health care is much realised since the inception of the Home.

The Aarathy Trust and Idhaya Vaasal Elders' Home managements are thanking Bhanumathi Amma for making our dream come to practical. The ambulance is indeed helpful in hospitalizing the struggling elderly patients of Home on time.



**Team of Volunteers
during inauguration**



**Medical Camp,
Marina Beach**

Apart from own use of the ambulance the Trust is extending the volunteering support to Health Camps, rescuing peoples around Pallikaranai. The vehicle is fall under Advanced Life Support Ambulance and loaded with emergency medicines and life saving equipment. Vehicle, interior work, equipment and pharmaceutical itesms together costs around 17 lakhs. Mr.Venkatesh and Mr.Pintu, the full-time caregivers of Home are operating the ambulance for its social services and its own maintenance.

Christmas Celebration at our Idhaya Vaasal Elders' Home



Our Trust and Elders Home celebrated Christmas 2016 grandly with the residents. The Christian elders were surprised with big cake and decorated the hall with symbolic materials for their religion. The elders of other religions, atheists and volunteers also joined in the celebrations and greeted each others.

AARATHY CHARITABLE TRUST



Periodical Medical Camps

AARATHY CHARITABLE TRUST



Idhaya Vaasal
Elders' Home, Pallikaranai
- accommodates
40 elderly residents
Including 15 bed care
nursing facilities

Puthuvinaï Kalaikkuzhu

Puthuvinaï Kalaikkuzhu, Alathur, Thirupporur had organised cultural event To create health awareness as well as to celebrate the Trust President's Birthday



ARATHY CHARITABLE TRUST